

SAVE THE DATE!

NAMI Sonoma County Mental Health Symposium and Champions Awards Luncheon

Tuesday, September 14, 2010 from 7:30 AM – 4:00 PM
Wells Fargo Center for the Arts, Santa Rosa, California

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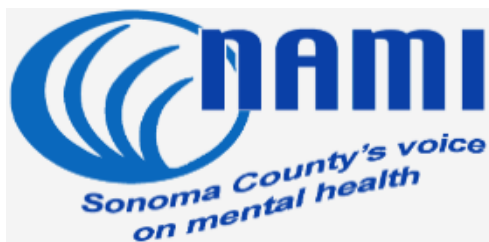
Our Mental Health Symposium will focus on the needs of multicultural communities. We will also host our Champions Awards during the luncheon that day. Continuing Educations Units (CEU's) will also be offered for professionals. Students are welcome. Continental breakfast and a multicultural luncheon will be provided. The Symposium is generously funded by the Lytton Rancheria. Participants can sign up for one workshop from the each of the following sessions.

Morning Session: LGBTQQI, Criminal Justice, Asian/Pacific Islander, Veterans

Afternoon Session: American Indian, Latino/Hispanic, African-American, Youth and Education

Must Preregister! To RSVP please call the office at 707-527-6655 or visit our website at www.namisonomacounty.org. You can also nominate a champion (Nominations are due on August 20 by 5 PM) and/or obtain detailed information about each workshop on our website as well.

All are welcome to attend and there is **no cost** to attend. Hope to see you there!



Family Support Groups

CLOVERDALE

For times and locations, please call Harry Martin at 433-5556, Ext. 128

PETALUMA

When: 1st and 3rd Thursdays of the month, 6:00 - 7:30 pm

Where: 151 2nd Street, Petaluma 94952

SANTA ROSA

When: Every Thursday, 2:00 – 3:30 pm

Where: NAMI Sonoma County, 1717 Yulupa Avenue, Santa Rosa 95405

SAN RAFAEL

When: 2nd and 4th Wednesday of the month, 7:00 – 8:30 pm

Where: 3270 Kerner Blvd, Building A, Suite C, San Rafael 94903

SEBASTOPOL

When: 2nd Wednesday of the month, 3:00 – 4:30 pm

Where: 477 Petaluma Ave, Sebastopol 95472

SONOMA

When: 1st Thursday of the month, 7:15 – 8:45 pm

Where: Office of Sylvia Chloe, MFT, 283 Second St East, Sonoma 95476

Upcoming Events

August 7th PEER TO PEER RECOVERY EDUCATION begins at the Petaluma Boulevard Apartments, 945 Petaluma Blvd North, from 1 pm – 3 pm. Course runs for 10 weeks. This is a learning program for people with any serious mental illness who are interested in establishing and maintaining their wellness and recovery. *Please call the NAMI SC Office to Register.*

August 12th GENERAL MEETING at NAMI Sonoma County, at 6 PM (Support Hour 5-6 pm). Guest speakers Carrie Peterson, Case Manager from Face to Face/Sonoma County AIDS Network and Theresa "Sid" McCulle, Program Manager for the Integrated Treatment Team at Sonoma County Mental Health, will be presenting their services.


August 14th SOUTH PARK SUMMER DAY and NIGHT FESTIVAL at Martin Luther King Jr. Park, 1336 Temple Avenue, Santa Rosa 95404 from 1 - 11:30 PM. NAMI SC will be tabling from 1 - 4 PM.

August 20th PEER TO PEER RECOVERY EDUCATION begins at the Voices Youth Center, 335 College Avenue in Santa Rosa, from 4 pm - 6 pm. This class is for teenagers and young adults up to age 28. *Please call the NAMI SC Office to register.*

August 21st NAMI SC BOOK CLUB at Rincon Valley Library from 2 - 3 PM. We will be discussing Crazy Like Us: The Globalization of the American Psyche by Ethan Waters. Remember Copperfield's bookstore will give a 20% discount if you identify yourself as a NAMI SC Book Club member. Everyone is welcome to attend!

September 14th MENTAL HEALTH SYMPOSIUM and CHAMPIONS AWARD LUNCHEON (Part of Race Equality Week Events) at the Wells Fargo Center for the Arts, 7:30 AM - 4 PM

NAMI Sonoma County August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Client Connection 1 pm - 2:30 pm Petaluma Blvd Apartments	3 Art Class 2 pm - 3:30 pm	4	5 Client Connection 12 pm – 1:30 pm Family Support Groups 2 pm - 3:30 pm Santa Rosa 6 pm - 7:30 pm Petaluma 7:15 pm - 8:45 pm Sonoma	6	7 Peer to Peer Class 1: Boulevard Apartments, Petaluma 1 pm – 3 pm <i>*Please call the NAMI SC Office to Register</i>
8	9 Client Connection 1 pm - 2:30 pm Petaluma Blvd Apartments Community Relations 4 pm – 5 pm	10 Art Class 2 pm - 3:30 pm Family Support Group 7 pm - 8:30 pm San Rafael Fund Development 4 -5 pm & 5-6 pm	11 Family Support Group 3 pm – 4:30 pm Sebastopol	12 Client Connection 12 pm – 1:30 pm Family Support Group 2 pm-3:30 pm Santa Rosa General Meeting Support Hour 5 pm – 6 pm Meeting 6 pm – 7 pm	13	14 Peer to Peer Class 2: Boulevard Apartments, Petaluma 1 pm – 3 pm <i>*Please call the NAMI SC Office to Register</i> South Park Summer Day & Night Festival 1 pm - 4 pm Martin Luther King Park
15	16 Client Connection 1 pm - 2:30 pm Petaluma Blvd Apartments	17 Art Class 2 pm-3:30 pm	18	19 Client Connection 12 pm – 1:30 pm Family Support Groups 2 pm - 3:30 pm Santa Rosa 6 pm - 7:30 pm Petaluma	20 Peer to Peer Class 1: Voices Youth Center 4 pm - 6 pm <i>*Please call the NAMI SC Office to Register</i> Champions Award Nominations due by 5 PM	21 Peer to Peer Class 3: Boulevard Apartments, Petaluma 1 pm – 3 pm NAMI Book Club Meeting 2 pm – 3 pm Rincon Valley Library
22	23 Client Connection 1 pm - 2:30 pm Petaluma Blvd Apartments	24 Art Class 2 pm - 3:30 pm Family Support Group 7 pm – 8:30 pm San Rafael	25	26 Client Connection 12 pm – 1:30 pm Family Support Group 2 pm - 3:30 pm Santa Rosa NAMI SC Board Meeting 5:30 pm – 6:30 pm (NEW TIME)	27 Peer to Peer Class 2: Voices Youth Center 4 pm - 6 pm <i>*Please call the NAMI SC Office to Register</i>	28 Peer to Peer Class 4: Boulevard Apartments, Petaluma 1 pm – 3 pm
29	30 Client Connection 1 pm - 2:30 pm Petaluma Blvd Apartments	31 Art Class 2 pm - 3:30 pm				

*All classes meet at the NAMI classroom, at the address below, unless otherwise noted.